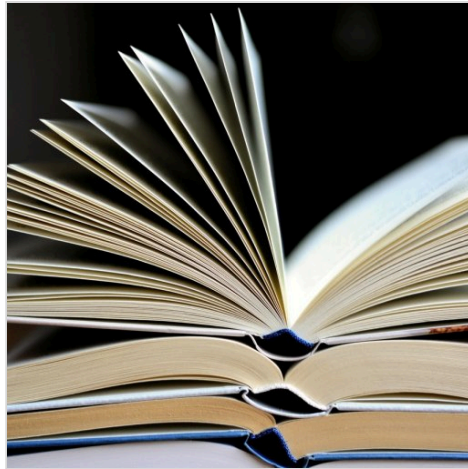


L U M B R E



Relationships

10/10/2026

Antes de empezar

Learn to talk about relationships, friendship, family and social interactions in English for second year of high school.

QUÉ APRENDERÁS

- Discuss relationships and social skills.

Relationships

Today you will learn to discuss relationships in English: vocabulary about family, friends, romantic relationships, and social skills. Healthy relationships are essential for happiness and personal growth.

Types of relationships

Relationships can be classified as: 1) Family (parents, siblings, grandparents, cousins), 2) Friendships (close friends, classmates, acquaintances), 3) Romantic (boyfriend, girlfriend, partner), 4) Professional (colleagues, boss, employees), 5) Community (neighbors, teammates, classmates).

Qualities of healthy relationships

Quality	Description	Example	Why it matters
Trust	Believe in honesty	Sharing secrets with a friend	Builds security
Respect	Value the other person	Listening to opinions	Creates equality
Communication	Express feelings clearly	Talking about problems	Solves conflicts
Support	Help in difficult times	Encouraging a friend	Strengthens bonds
Empathy	Understand feelings	Comforting someone sad	Shows care

Expressing relationship advice

ACTIVIDAD INTERACTIVA DISPONIBLE EN LUMBRE



Applications in daily life

Relationships are important in: 1) School (classmates, teachers, study groups), 2) Home (family, siblings, parents), 3) Work (colleagues, clients, teams), 4) Social life

(friends, clubs, communities), 5) Personal growth (mentors, role models).

Relationships shape who we are. Learning to build healthy connections is one of the most valuable skills in life. Who are the most important people in your life?

Think and answer

2. Which quality is essential for healthy relationships?

- ☐ Competition
- ☐ Trust
- ☐ Jealousy
- ☐ Indifference

3. Good friendships require effort from both sides.

- ☐ Verdadero
- ☐ Falso

4. You should _____ openly. It is important to _____ actively. Trust takes _____ to build.

5. Match each quality with its example:

5.	Trust	_____
5.	Respect	_____
5.	Support	_____
5.	Empathy	_____

Opciones: Sharing secrets · Listening to opinions · Encouraging a friend · Comforting someone

6. Classify these behaviors:

Elementos:

- Listening actively
- Being dishonest
- Showing respect
- Ignoring feelings

Healthy	• • •
Unhealthy	• • •

7. Order the steps to resolve a conflict:

Calm down first _____

Listen to the other person _____

Express your feelings _____

Find a solution together _____

8. Who is your closest friend? What qualities make a good friendship? How do you show care for the people you love?

To master

- Types: family, friendships, romantic, professional, community
- Qualities: trust, respect, communication, support, empathy
- Expressions: you should communicate, it is important to listen, trust takes time
- Conflict resolution: calm down, listen, express feelings, find solution

Para mirarlo de otra manera

Refuerzo: Relationships

Remember: relationship types = family, friends, romantic, professional. Qualities = trust, respect, communication, support, empathy. Expressions = you should communicate, it is important to listen.

Versión interactiva completa (con actividades, videos y autoevaluación):



<https://lumbre.lat/object/ing2-p09-relationships-2-2>

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